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# Separation and reproduction in relation to the death of a child

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## Background

- Losing a child: rare, unexpected and traumatic event
- Affect parental morbidity and mortality
- Few studies on parental relationship stability (divorce risk)
- Inconclusive evidence, due to methodological limitations
- Potential mechanisms: (a) increased divorce risk because of relationship strain and parental health problems, (b) decreased divorce risk because of improved relationship quality if the stressful event increases cohesion
- However, separation is strongly related to family size (children), and losing a child might affect future fertility

### 'The replacement child'

- Parents of fertile age: inclined to give birth to a new child
- A constructive action to cope with the loss
- Or because predetermined aim to have family of particular size
- Hence divorce could be dependent on child loss, but child loss might also affect fertility (parity progression)
- These endogeneity problems also likely reasons to why no consistent evidence in support of bereavement effect on divorce
- In-depth empirical study must prospectively follow the couples

### Research on child loss and divorce

- Most studies: small-scale datasets from surveys, clinical descriptions of participants in grief support groups, or retrospective reports
- Mixed results: quite few argue that there is an effect
- Only two large-scale studies: Sweden (van den Berg et al., 2012), Norway (Lyngstad, 2013)
- No sample attrition, no self-reporting bias
- Suggests an effect, but not explicitly concerned with the fact that the association between bereavement and divorce needs to allow for compensatory behaviour in terms of new births

#### The data we use

- Register based longitudinal data from Finland
- Couples from moments when marry and when become parents
- 1971-2003, socioeconomic and demographic variables
- 70% of all child deaths during first two years of life
- Random (representative) sample of the population of Finland
- In total: 123,435 marriages (≤15 yrs)

## Setup

- First: one-year divorce risks with retrospective information (no follow-up): 'having ever experienced child loss'
- Leads to erroneous conclusions, since bereavement strongly related to parity progression
- Second, therefore: prospectively observe each couple over time (maximum 15 yrs), by parity, process time starts from the birth of the youngest child: 'child loss within one year after the birth of the youngest child'
- Cox regressions, focus is on risk ratio of divorce and parity progression, respectively, between bereaved couples and nonbereaved couples

Table 1. Relative divorce risks by bereavement and parity (with 95% confidence intervals), without follow-up

	Bereaved	Non-bereaved	Row ratio	
Parity				
0	-	1	-	
1	1.21 (0.85-1.73)	0.97 (0.93-1.01)	1.25	
2	0.71 (0.55-0.92)	0.54 (0.51-0.56)	1.33	
3	0.56 (0.43-0.71)	0.38 (0.35-0.40)	1.48	
4+	0.40 (0.26-0.62)	0.30 (0.27-0.35)	1.31	
n, observations	1,321,035			

Table 2. Relative risks of parity progression by bereavement and parity (with 95% confidence intervals), without follow-up

	Bereaved	Non-bereaved	Row ratio
Parity			
0	-	1	-
1	3.17 (2.87-3.50)	0.69 (0.68-0.70)	4.58
2	1.25 (1.16-1.35)	0.23 (0.22-0.23)	5.54
3	0.46 (0.41-0.50)	0.21 (0.21-0.22)	2.16
4+	0.66 (0.57-0.77)	0.58 (0.55-0.60)	1.15
n, observations	1,321,035		

Table 3. Parity distribution by bereavement (%), ten years after marriage

	Berea- ved	Non- berea- ved
Parity		
0	-	6.8
1	8.9	25.6
2	28.9	46.9
3	39.1	16.6
4	17.1	2.9
5+	6.0	1.1
Total	100.0	100.0
n, couples	1,061	100,217

Table 4. Association between bereavement and divorce risk by parity, with follow-up

	Rela- tive risk	95% confidence interval	n, coup- les	n, divor- ces
Parity one				
The child survives	1		106,697	18,974
The child dies	1.01	(0.82-1.24)	513	96
Parity two				
Both children survive	1		79,829	12,307
1st child dies	1.07	(0.87-1.33)	509	92
2nd child dies	1.12	(0.88-1.42)	434	73
Parity three				
All children survive	1		29,227	3,737
1st child dies	1.22	(0.94-1.59)	383	63
2nd child dies	1.20	(0.91-1.57)	378	59
3rd child dies	1.08	(0.70-1.66)	167	26

Table 5. Association between bereavement and risk of parity progression by parity, with follow-up

	Rela- tive risk	95% confidence interval	n, coup- les	n, births
Parity one				
The child survives	1		106,697	80,623
The child dies	2.24	(2.04-2.47)	513	447
Parity two				
Both children survive	1		79,829	29,771
1st child dies	2.74	(2.45-3.06)	509	346
2nd child dies	4.51	(4.01-5.07)	434	313
Parity three				
All children survive	1		29,227	7,499
1st child dies	1.22	(1.02-1.46)	383	137
2nd child dies	1.51	(1.27-1.79)	378	150
3rd child dies	2.61	(2.07-3.27)	167	104

### Conclusion

- A (minor) child's death has only a modest influence on marital stability, whereas its effect on fertility (parity progression) is considerable
- Also as compared to estimates for effects of the background variables (not shown), the effect of bereavement on divorce is, if not non-existent, at least small